



*Suggested resources to accompany the reading from*  
**SIHA TOOSKIN KNOWS THE GIFTS OF HIS PEOPLE**

After listening to the reading of *Siha Tooskin Knows The Gifts of His People* ([available here](#)), continue your learning journey by exploring some of the following suggested resources:

1. The *Indigenous Peoples Atlas of Canada* volume on First Nations includes a chapter on [food](#) where the significance of salmon and its connection to wind, water, forests, livelihood and ceremony is discussed.
2. The *Indigenous Peoples Atlas of Canada* volume on the Inuit has a chapter on [wildlife](#) that discusses how many gifts from Mother Nature are used in Inuit practices.
3. The *Indigenous Peoples Atlas of Canada* volume on the Métis discusses Métis [lifeways](#) and how families used to travel the landscape following the changing seasons.
4. The Assembly of First Nations has a resource that discusses [traditional foods](#) and the issue of food contamination that many First Nations communities face.
5. The Toronto Zoo has an [activity guide](#) that explores the many gifts that exist on Turtle Island.
6. The Toronto Zoo also has a [booklet](#) on Turtle Island and the Ways of Knowing.

